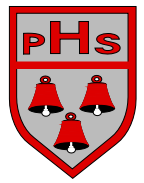


# Heighington CE Primary School

*'Life in all its fullness' (John 10:10)*



***As a village school, we acknowledge our role in our community. Our curriculum is constantly evolving, responding to the needs of our learners and their interests by enhancing learning experiences and raising awareness from our local area to national and global arenas.***

## **Intent:**

**For children to be prepared for life's challenges and opportunities, it is vital that we not just prepare them intellectually but physically, emotionally, socially and mentally too.**

At Heighington CE Primary School, we seek to educate our children within a wider framework of spiritual, moral, physical and cultural development which enables our children to flourish so that they may experience "life in all its fullness" (John 10:10). This ethos too, lies at the very heart of our personal, social, health and economic (PSHE) curriculum. We believe in the next generation and want to support, encourage, resource and inspire them so they can become the best they can be.

The intent of our PSHE curriculum is to deliver a curriculum which is age and stage appropriate therefore maximising outcomes for every child so that they may both know more and understand more. We provide opportunities for our children to develop a confidence in sharing their own thoughts and opinions with others, to develop skills and attributes to keep themselves healthy and safe, to develop an attitude of a responsible global citizen, to show tolerance of other beliefs, religions and life choices and to build positive, respectful relationships with other people.

Our curriculum has been carefully mapped out and demonstrates appropriate subject knowledge, skills and understanding to fulfil the duties of the Relations Education (RE), Relationship and Sex Education (RSE) and Health Education (HE).

We have high aspirations for the children we teach and so it is our intention that every child leaves Heighington CE Primary School with the building blocks they need to enable them to lead confident, healthy and independent lives, seeing them through their secondary education and into their adult lives, preparing them for the challenges and opportunities of the ever-changing modern world.

## **Implementation:**

We want our children to be inquisitive, courageous, creative and resilient learners. In PSHE, we aim to achieve this by empowering our children with a secure skill set for life, which follows a clear pathway of progression as they advance through the school. We wholeheartedly believe in the development of the 'whole child', thereby we seek to equip our

children with the necessary knowledge and skills to overcome life's challenges and participate fully as members of society.

The PSHE Association Programme of Study for PSHE education (2020) supports schools to provide a comprehensive programme that combines the new statutory content for Relationships Education, Relationships and Sex Education (RSE), and Health Education. This is split up into three overarching themes:

- Core Theme 1- Health and Wellbeing.
- Core Theme 2 – Relationships.
- Core Theme 3 – Living in the Wider World.

We are committed to delivering these aims in an engaging and purposeful manner. Our PSHE teaching is supported by using materials which we know will work for our children. At Heighington, our children's learning is facilitated by using the 1decision materials. As a resource, 1decision has been built around the above three core themes, and the 10 principles of effective PSHE education, including, but not limited to:

- Taking a positive approach which does not attempt to induce shock or guilt but focuses on what children and young people can do to keep themselves and others healthy and safe and to lead happy and fulfilling lives.
- Encouraging young people to reflect on their learning and the progress they have made, and to transfer what they have learned to say and to do from one school subject to another, and from school to their lives in the wider community.
- Providing opportunities for children and young people to make real decisions about their lives, to take part in activities which simulate adult choices and where they can demonstrate their ability to take responsibility for their decisions.
- Providing a safe and supportive learning environment where children and young people can develop the confidence to ask questions, challenge the information they are offered, draw on their own experience, express their views and opinions and put what they have learned into practice in their own lives

### **Impact**

As a result, children in our school feel empowered. Our children are developing a solid foundation for a life-long journey of personal development. The children at Heighington CE Primary School understand how they are developing personally and socially, and, at a stage-appropriate level, feel equipped to tackle many of the moral, social and cultural issues that are part of growing up. Our children understand their own personal rights and responsibilities and appreciate what it means to be a member of a diverse society. They are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.